

About mycophenolate mofetil cream 0.1% (for patients with scleroderma)

What is the cream used for?

Mycophenolate mofetil (MMF) cream is used for patients whose skin has become very tight and thickened.

How should the cream be applied?

The cream should be applied twice a day, morning and night, to the areas of skin which feel tight. Do not use the cream on broken skin.

How long should I use mycophenolate cream for?

If you are starting a course of oral mycophenolate mofetil tablets, then you should use the cream until the tablets start to have an effect – usually for one - three months.

If you are not taking oral mycophenolate then try the cream for three months. If you feel it is of benefit you can continue for a year.

How can I obtain further supplies of mycophenolate cream?

The cream is made up in the hospital pharmacy. You will not be able to obtain this cream from your local GP or chemist.

The cream must be used within one month. The pharmacy department will post you a supply once a month for three months. At the end of the three months please phone the Royal Free to let us know if you wish to continue treatment.

Who should I contact?

If you have any questions or require more supplies of the cream then do not hesitate to contact the rheumatology pharmacist on 020 7794 0500 ext 4549 or bleep 486. Alternatively, contact the rheumatology nurses on 020 7830 2326.

For further information please contact the rheumatology helpline on 020 7830 2326.