

## About EEG telemetry

An EEG telemetry test is an EEG recording taken over a period of a few days during which time you are required to stay in hospital.

The test is similar to a routine EEG (brainwave recording). It is completely painless and completely harmless. In addition to the EEG recording there are video cameras filming continuously (excepting time spent in the bathroom). As you will be confined to one room for the duration of your stay, it is advisable to bring plenty to keep you occupied eg. books, crossword puzzles.

Please wash your hair either the night before or on the morning of admission.

On the day of the test please telephone the ward before you leave home to confirm that a bed is available for you.

**Please bring ALL medication you are currently taking with you to the hospital.**

When you arrive on the ward, a doctor will see you. Then a physiologist will explain the test and get the recording started. The physiologist will be able to answer any of your queries at the time or you can contact the department before the test and ask to speak a physiologist directly.

Telephone: 020 7794 0500 extension 33143 (office hours)

Once the test has been set up, it will not be possible for you to take a shower or wash your hair. It is essential that you **wear and bring with you front fastening tops** as you will not be able to pull clothing on and off over your head.

**If you would like a large print or audio version of this information, please ask a member of staff.**



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